

Telomere maintenance and telomerase activity are differentially regulated in asexual and sexual worms

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In most sexually reproducing animals, replication and maintenance of telomeres occurs in the germ line and during early development in embryogenesis through the use of telomerase. Somatic cells generally do not maintain telomere sequences, and these cells become senescent in adults as telomeres shorten to a critical length. Some animals reproduce clonally and must therefore require adult somatic mechanisms for maintaining their chromosome ends. Here we study the telomere biology of planarian flatworms with apparently limitless regenerative capacity fueled by a population of highly proliferative adult stem cells. We show that somatic telomere maintenance is different in asexual and sexual animals. Asexual animals maintain telomere length somatically during reproduction by fission or when regeneration is induced by amputation, whereas sexual animals only achieve telomere elongation through sexual reproduction. We demonstrate that this difference is reflected in the expression and alternate splicing of the protein subunit of the telomerase enzyme. Asexual adult planarian stem cells appear to maintain telomere length over evolutionary timescales without passage through a germ-line stage. The adaptations we observe demonstrate indefinite somatic telomerase activity in proliferating stem cells during regeneration or reproduction by fission, and establish planarians as a pertinent model for studying telomere structure, function, and maintenance.

Some animals may be potentially immortal or at least very long-lived. Understanding the mechanisms that have evolved to allow some animals to be immortal may shed further light on the possibilities for alleviating aging and age-related phenotypes in human cells (1, 2). These animals must have the capacity to replace aged, damaged, or diseased tissues and cells and hence use a population(s) of proliferative stem cells able to do this (3–5).

To ensure heritability and genetic stability, dividing eukaryotic cells must overcome the end-replication problem to maintain linear chromosomes (6). In sexually reproducing animals such as humans, telomere elongation occurs mainly during embryogenesis and the development of the germ line (7, 8). Somatic cells become senescent in the adult when chromosome ends shorten to a critical length to avoid deleterious genome instability and the emergence of cancerous cells (9). This protective senescence mechanism appears to be a central part of the aging process (10), and animals that are potentially immortal must have somatic mechanisms for maintaining chromosome ends. We set out to test this idea in potentially immortal planarian flatworms. Planarians have been described as “immortal under the edge of the knife” (11), and may have an indefinite capacity to renew their differentiated tissues from a pool of potentially immortal planarian adult stem cells (pASCs) (12, 13). For long-term survival over evolutionary timescales, these cells need to overcome the end-replication problem (6).

The model planarian *Schmidtea mediterranea* has both asexual and sexual strains, both with apparently indefinite regenerative capacities (3, 12). The agametic asexual strain reproduces by fission behind the pharynx and has no functional gonads (12). Thus, we hypothesize that it has developed somatically active mechanisms for the maintenance of chromosome ends without sexual reproduction per se. The sexual strain of this species does not fission naturally, instead reproducing as a cross-fertilizing

hermaphrodite (12). We find that asexual but not sexual animals have telomere maintenance mechanisms that allow telomere maintenance somatically. This mechanism uses alternative splicing of active telomerase splice forms such that higher levels of active telomerase transcript can be somatically up-regulated in asexual, but not sexual, pASCs.

Results

Asexual but Not Sexual Animals Maintain Telomere Length Through Regeneration. Other platyhelminthes (flatworms) have been previously described as having the same repeat unit as human telomeres at their chromosome ends (14, 15). We performed Bal31 nuclease digestion of genomic DNA that only digests the ends of DNA molecules, followed by terminal restriction fragment (TRF) length analysis and confirmed this was the case for *S. mediterranea* (Fig. S1) (16).

We investigated telomere lengths in individual asexual and sexual planarians of known age since their last reproductive event. For sexual animals, this is the period since hatching from cocoons in culture, and for asexual animals this is time since their last fission event. Telomeres of asexual animals that had undergone recent fission (7 d previously) had a longer average length (Fig. 1A; mean 28.0 kb, SD 0.7 kb, $n = 10$) in both the anterior and posterior pieces than those of newly born sexual animals (Fig. 1B; 21.2 kb, SD 1.67 kb, $n = 7$).

Telomere lengths in asexual animals 7 d postfission had significantly increased (Fig. 1A; mean 28 kb, SD 0.7 kb, $n = 10$, t test, two-tailed, $P < 0.02$) compared with animals that had not undergone fission for 3 mo (Fig. 1A; mean 26 kb, SD 0.6 kb, $n = 10$). Older sexual animals showed a clear age-correlated decline in telomere lengths compared with hatchlings and younger animals (Fig. 1B). Both asexual and sexual animals display age-related decline in telomere length; however, asexual animals are able to maintain telomere lengths somatically, whereas sexual animals restore telomeres by extension during sexual reproduction or during embryogenesis like other sexual species (8).

The differing dynamics in asexual and sexual telomere length could be attributable to differences in reproductive strategy. The act of fission in asexuals requires the regeneration of missing structures. As sexual animals are capable of the same regenerative feats (12, 13), they may also maintain telomere length during this process. Repeated rounds of regeneration in sexual individuals led to a profound erosion of telomere length after just three consecutive rounds of regeneration (Fig. 1B; intact mean 17.5 kb,

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irradiation, as the germ line is susceptible to irradiation (Fig. 3D). For example, expression of the pASC and germ-line marker *Smed-H2B* is abrogated by irradiation (Fig. 3F) (20). In asexual animals, *Smed-tert* expression, visualized by in situ hybridization, occurs in a pattern reminiscent of other genes enriched in pASCs (20, 21) and is also sensitive to irradiation, in agreement with our data suggesting telomerase activity and *Smed-tert* expression are confined to pASCs (Figs. 1F, 2B, and 3 C and D). Upon amputation, planarians reabsorb the germ line, and *Smed-tert* expression in regenerating sexual animals may reflect this as well as expression of new transcripts in pASCs during regeneration (Fig. 3E). New transcripts would be in agreement with TRAP assay data on regenerating sexual worms, suggesting that telomerase activity increases slightly (Fig. 1E).

Overall, our data reveal strong transcript expression in the germ line of sexual animals and irradiation-sensitive expression probably confined to the pASCs of asexual animals. This suggests a change in the regulatory control of *Smed-tert* in intact animals and that TRAP activity observed in intact sexual animals may be from the germ line.

Increased Transcript Levels and Alternate Splicing Activated During Regeneration Correlate with Telomere Maintenance in Asexual Animals. Analysis of transcriptome data from extensive next-generation short-read sequencing (22) and subsequent PCR analyses of possible exon–exon boundaries of full-length *Smed-tert* led to the identification of four different isoforms (Fig. 4A and Fig. S8). These four isoforms result from combinations of transcripts generated from two alternatively spliced regions (Fig. 4B). These

exclude exon 4, 5, and 6 (alternate region 1) and exons 11 and 12 (alternate region 2) (Fig. 4B and Fig. S8). Exclusion of region 1 removes part of the telomere RNA-binding domain (TRBD), whereas exclusion of region 2 results in a premature stop codon at the end of motif B' (Fig. 4B and Fig. S8).

We performed quantitative (q)PCR to look at the levels of total *Smed-tert* transcript as well as the levels and relative ratios of the different isoforms. This approach allowed us to measure the relative amounts of total *Smed-tert* transcript, region 1-positive transcript, region 2-positive transcript, and the ratio of region 1-positive and -negative transcripts in intact and regenerating asexual and sexual animals.

We found that total *Smed-tert* transcripts, monitored by primers at the 3' end of the transcript common to all isoforms, increased two- to threefold in regenerating asexual animals but decreased in sexual animals (Fig. 4C). This increase in total transcript included a seven- to eightfold increase in levels of transcript that include alternate regions 1 and 2, that are likely to encode active telomerase in asexual animals (Fig. 4D and E). In sexually mature worms, we observed a twofold decrease in the levels of total transcript that were accompanied by smaller decreases in region 1- and 2-positive transcripts (Fig. 4C–E). These data suggest that increases in transcript levels and regulation of alternative splicing events during regeneration lead to increased amounts of active *Smed-tert* isoforms, correlating with the ability of asexual animals, but not sexual animals, to maintain their telomeres during regeneration.

We also found that only regenerating asexual animals have more region 1-positive transcripts than region 1-negative transcripts. The overall increase in total transcript levels consists of a sevenfold increase in region 1-containing transcripts and a 1.5-fold decrease in transcripts without region 1. Given that this region would be absolutely necessary for telomerase activity, this shift in isoform expression may make the largest contribution to increased telomerase activity during regeneration (Fig. 4F). We also observed a decrease in the ratio of region 1-negative to -positive transcripts in regenerating sexual animals (Fig. 4F). The change in this ratio of transcripts is likely to account for the slight increase in sexual telomerase activity during regeneration observed by TRAP assay (Fig. 1E), despite a decrease in total *Smed-tert* transcript levels. Our data show that changes in the regulation of both *Smed-tert* transcript levels and alternate splicing produce active *Smed-tert* isoforms in asexual pASCs during regeneration. These changes explain our observations regarding differences in telomere length maintenance and telomerase activity in asexual and sexual animals.

Discussion

We find that in the model species *S. mediterranea*, asexual animals demonstrate the potential to maintain telomere length during regeneration. Sexual animals appear to only lengthen their telomeres through the sexual reproduction process. This finding suggests that asexual individuals will be able to avoid senescence over evolutionary timescales using telomerase, a prerequisite for the formation of an evolutionarily stable fissioning asexual lineage. We did not observe any adverse effects of telomere shortening through *Smed-tert(RNAi)* or serial regeneration. The difference we observe between asexual and sexual animals is surprising, given that sexual animals also appear to have an indefinite regenerative capacity. We conclude that either they would eventually show effects of telomere shortening or that they are able to use another chromosome end-maintenance mechanism not involving telomerase.

In most species, telomeres erode in the absence of telomerase until a senescent phenotype is seen. In mice, effects of telomere loss are observed by generation 4 and certainly by generation 6 (23, 24). In *Arabidopsis*, cell cultures can be maintained for a number of population doublings before senescence, whereas sexual generations exhibit effects after six or seven generations (25, 26). In yeast grown asexually, cells senesce after ~70 generations (27). *Trypanosoma brucei* appears to escape senescence

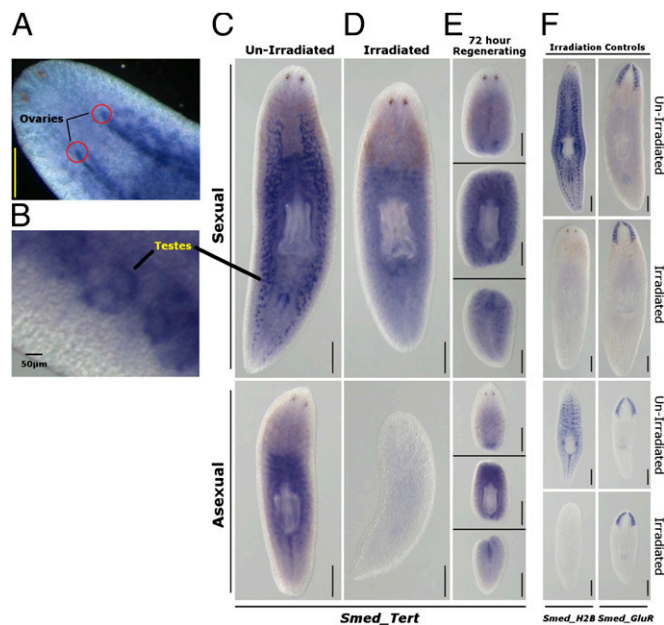


Fig. 3. Whole-mount in situ hybridization of TERT in mature sexual and asexual worms. Expression can be observed in both (A) ovaries and (B) testes in mature sexual samples. (C) A transparency expression concentrating around the pharynx can also be seen in asexual worms, suggesting expression in adult somatic stem cells. (D) Irradiation to remove proliferative stem cells removes *Smed-tert* expression in the germ line of sexual animals and the proliferative stem cells of asexual animals. (E) Major changes in the localization of *Smed-tert* expression during regeneration are not detected by in situ hybridization. (F) Controls in situ for irradiation indicating that *Smed-H2B* expression, a marker of proliferative stem cells and germ line, is removed by irradiation but expression of *Smed-GluR*, a marker of postmitotic differentiated brain cells, is not affected. All irradiated samples were treated with 85 Gy γ -irradiation. The *Smed-tert* samples were fixed at 7 d posttreatment, whereas the controls were fixed at 72 h postirradiation. (Scale bars, 1 mm.)

Animal Culture and Amputation. Planarian culture was performed as previously described (42).

Telomere Length Analysis. Bal31 and TRF analysis was performed using 0.65 µg of genomic DNA with previously described protocols (16, 43). Scanned TRF images were analyzed with Quantity One software (Invitrogen).

TRAP Assay to Measure Telomerase Activity. TRAP assays were performed with the TRAPeze Telomerase Detection Kit (Millipore). The amount of total extracted protein used for experiments comparing regeneration and intact worms was 0.5 µg per sample. For assessing the effects of irradiation and *Smed-tert(RNAi)*, 1 µg per sample was used to allow detection of minimal residual activity.

Cloning of *Smed-tert*. Full-length *Smed-tert* was cloned by RACE using the FirstChoice RLM-RACE Kit (Ambion). Isoforms were discovered by investigating transcriptome data and split reads using methods described in ref. 22 and further characterized by PCR, cloning, and sequencing of different-length products generated using the primers forward 5'-ATGGTTTATG-AAATTAGATCTTGG-3' and reverse 5'-AATGGAGAATCCATTCATTGACC-3' designed to amplify the full *Smed-tert* ORF.

Quantitative PCR. RT-qPCR was performed with first-strand cDNA made from total RNA from TRIzol reagent (Invitrogen) with SuperScript III reverse transcriptase (Invitrogen) using Brilliant qPCR Master Mix (Agilent). Primers used are listed as follows with their coordinate position in relation to the full-length 1895-bp TERT isoform 1 (EMBL accession no. AEK12104): total TERT transcript (forward: 5'-TTATCGAGATTGTCAGGATT-3' 1476–1495 bp; reverse: 5'-CACTACAGCAATTGTCATGG-3' 1602–1583 bp); alternate region 1-positive (forward: 5'-TCTCGCGATATTTTCTAA-3' 287–306 bp; reverse: 5'-TCTTCATTGACTTCATACG-3' 408–389 bp); alternate region 1-negative (forward: 5'-CAAAAACAAGTGTAGTGAAATTA-3' 143–167 bp; reverse:

5'-CACCAGTGAAAATTTTGTGA-3' 520–504 bp); alternate region 2-positive (forward: 5'-CTGATTGATTTGGAAGACTAAAG-3' 1012–1035 bp; reverse: 5'-GAGGTATTCGCATATTGA-3' 1149–1130 bp). Transcription levels were standardized with the internal control gene *cystatin* (forward: 5'-AACTC-CATGGCTAGAACCAGAA-3'; reverse: 5'-CCGTCGGGAATCCAAGTACA-3').

In Situ Hybridization and Irradiation. Whole-mount in situ hybridization and irradiation were performed as previously described (44). A 601-bp probe generated with the forward primer 5'-CTTCAATATGTTGATGATGTTTATTC-3' and reverse primer 5'-AATGGAGAATCCATTCATTGACC-3' was used for in situ hybridization.

Proliferation Assay. Proliferation was assessed by counting total mitotic cells in regenerating animals, visualized with rabbit anti-phosphorylated histone H3 serine 10 (Upstate Biotechnology; 1:1,000) and goat anti-rabbit Alexa Fluor 568 (Molecular Probes; 1:1,000) with fluorescent microscopy.

RNAi Experiments. RNAi experiments were performed as previously described with one round of three 33-nl injections of 2 µg/µl dsRNA every wk (42). Two different regions of the *Smed-tert* transcript were used in RNAi experiments: a 600-bp region generated with the forward primer 5'-CTTCAATATGTTGATG-ATGTTTATTC-3' and reverse primer 5'-AATGGAGAATCCATTCATTGACC-3' and a 450-bp region amplified by the primers forward *Smed_TERT_AltA*_dsF 5'-TTGCATTCTCAAGAGTCAA-3' and reverse *Smed_TERT_AltA*_dsR 5'-TTCAA-AATGGGAATAACAAAC-3'.

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